

GOAL SHEET

46-48 months



Your child will continue to grow and develop in many ways in the coming year. She is now more interested in letters and words around her and would benefit from your support with this. Here is a list of suggestions that you can practice with her.

Language Development Goals:

_____ I will **expand on the answers my child gives me.**

_____ I will **try to limit screen time to an hour every day**, and whenever s/he is engaged with it. I will ask questions about what s/he is doing, seeing; using this opportunity to create conversation with my child.

_____ I will **play rhyming games with my child**, asking him/her to tell me words that rhyme (i.e. What word rhymes with "cold"?).

Reading Practice Goals:

_____ I will **develop a reading routine with my child and read books every day.**

_____ I will **ask my child to retell the story we read.**

_____ I will **talk about what we see in the books every day and make connections to my child's life.**

_____ I will **show my child the cover of the book, read the title, the author's and illustrator's name.**

Writing Practice Goals

_____ I will **write my child's name and ask him/her to do the same.**

_____ I will **encourage my child to draw, scribble and write everyday.**

DEVELOPMENTAL TIP

46-48 MONTHS OLD

At this age your child is able to recognize his/her name, and enjoys writing it as well. **Write his/her name** on all his/her drawings and encourage her/him to **write about these** in order to describe what the drawing is about. **Encourage this practice by asking open-ended questions:** "What is that picture?" "What did you write?" You can also write what s/he describes. When your child is able to share her/his story with you, he will be motivated to "author" more and more work as s/he grows.



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